

# Letter of Agreement

So you have decided to embark upon the journey of healing yourself, mind, body and spirit. You have tried the conventional means of trying resolve your issues and have either found little to no results. The good news is, we have the means to correct each of your severe imbalances if you will work with me, complying with all of the recommendations. The bad news is that correcting imbalances such as yours does not always go smoothly. There is reasonable chance that as we begin to restore balance in your body and mind, you will feel a little better, and maybe a lot better, right from the start. Understand that none of the foods and supplements you need to eventually be as healthy as you can be will harm you in any way; it is just that as changes are made in your body chemistry you may feel pretty uncomfortable for awhile. What I must have from you is your word that you can be strong enough and courageous enough to comply with all of my recommendations even in the event that you go through periods of feeling poorly. We've got a big job ahead of us, and there is no point beginning if we cannot see it through until your body has been balanced. Tell me now if you can or cannot work with me to restore the balanced body and mind that is so important to your health. If you cannot, I understand, but I will not be able to accept you as a patient for now. I will be more than happy to work with you when you decide the time is right.

Thank you for considering me to be a part of your healing process and for allowing me to guide you down the path to health.

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Marizelle Arce, ND

Date

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Print your name

Date

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Signature